## SPEGIALIZEI VOLLEYBALL COAGING

INDIVIDUAL & SMALL GROUP COACHING SESSIONS

THE BEST WAY TO IMPROVE YOUR TECHNICAL VOLLEYBALL SKILLS IS BY RECEIVING SPECIFIC AND DETAILED INDIVIDUAL COACHING

## COACH: RICK SCOTT

- 30 YEARS COACHING EXPERIENCE
   15 USPORT AND 15 CLUB, HIGH SCHOOL & PROV. TEAMS
- 👤 10-STRAIGHT AUS CHAMPIONS: 2013 2023
- USPORTS NATIONAL WOMEN'S VOLLEYBALL COACH OF THE YEAR: 2017
- 3 TIME AUS COACH OF THE YEAR: 2013, 2015, &2017
- TEAM CANADA ASST COACH -FISU- 2019 AND NORCECA-2010
- 2 TIME NATIONAL TIER 1 CLUB CHAMPIONS:17U &18U: 2007/2008
  - 5 TIME MHSAA AAAA HIGH SCHOOL CHAMPIONS:
- 2004-2007 SELKIRK, GLENBORO A 2001

## SERVICES OFFERED

- 1 Athlete \$70.00/hour
- 2 Athletes \$50.00/hour
- 3 Athletes \$40.00/hour
- 4 or more athletes \$35.00/hour

coaching expenses (gas/travel) are included in the cost

GYM COSTS/RENTAL WILL BE ASSUMED BY THE ATHLETE(S)

REGISTRATION BY EMAIL: RICHARDDEANS COTT99@GMAIL.COM